

WARMUP SCHEDULE

FRIDAY, FEBRUARY 13

FRI 13/ 02	8:00 AM	8:30 AM	W	11-12 Duet Warmup #1
	8:35 AM	9:55 AM	18	11-12 Duet Competition
	10:00 AM	10:30 AM	W	11-12 Duet Warmup #2
	10:35 AM	11:55 PM	18	11-12 Duet Competition (Cont.)
	12:00 PM	12:30 PM	W	Mixed Ability Duet Warmup
	12:35 PM	2:00 PM	4	Mixed Ability Duet Level A Competition
			9	Mixed Ability Duet Level B Competition
			4	Mixed Ability Duet Level C Competition
	Immediately following	A	AWARDS - MIXED ABILITY DUET	
	2:05 PM	2:35 PM	W	Senior Duet Free & Junior Duet Free Warmup
	2:40 PM	3:00 PM	3	Senior National Duet Free Competition
			1	Senior Provincial Duet Free Competition
	3:00 PM	3:40 PM	1	Junior National Mixed Duet Free Competition
			4	Junior National Duet Free Competition
			3	Junior Provincial Duet Free Competition
	Immediately following	A	AWARDS - SENIOR DUET FREE & JUNIOR DUET FREE	
	3:45 PM	4:15 PM	W	Mixed Ability Team Warmup
	4:20 PM	4:45 PM	1	Mixed Ability Team A Competition
			3	Mixed Ability Team B Competition
			1	Mixed Ability Team C Competition
	Immediately following	A	AWARDS - MIXED ABILITY TEAM	
	4:50 PM	5:20 PM	W	10U & Adapted Duet Warmup
	5:25 PM	6:45 PM	11	10U Duet Competition
			2	Adapted C Duet Competition
			3	Adapted P Duet Competition
	6:50 PM	7:20 PM	W	Free Combination & Acrobatic Routine Warmup
	7:25 PM	7:40 PM	3	National Free Combination Competition
	7:40 PM	8:05 PM	4	National Acrobatic Routine Competition
			1	Provincial Acrobatic Routine Competition
	Immediately following	A	AWARDS - FREE COMBINATION & AEROBATIC ROUTINE	

Competition Pool	Warmup Pool				
	South Side (Closest to Change Rooms)	Lap Warm Up	North Side (Closest to Windows)		
Official Warmup		Lap Warm Up	Lap Warm Up	Official Warmup	
Competition	11-12 Duet - Competitors			Open Pool	
Official Warmup				Official Warmup	
Competition	11-12 Duet - Competitors			Open Pool	
Official Warmup				Official Warmup	
Competition	Mixed Ability Duet - Competitors			Open Pool	
Official Warmup				Official Warmup	
Competition	Duet Free - Competitors			Open Pool	
Official Warmup				Official Warmup	
Competition	Mixed Ability Team - Competitors			Open Pool	
Official Warmup				Official Warmup	
Competition	10U & Adapted Duet - Competitors			Open Pool	
Official Warmup				Official Warmup	
Competition	Combo & Acrobatic Team - Competitors			Combo & Acrobatic Team - Competitors	
Pool Closed					